

MINDERFUL CENTER (MFC)

WINTER 2017 COURSE SCHEDULE

John@Minderful.com

(480) 619-9993

www.Minderful.com

Minderful Center is a private school for Lifelong Learners 50+, offering a year-round program of courses in central Scottsdale

Location of Classes Will Be Provided Upon Enrollment

Comment [J1]:

Comment [J2]:

INSTRUCTORS

Dr. Mark STERN, Ph.D.
mstern@shepherd.edu

Mr. Jay ROTH, B.S.
jroth9290@gmail.com

Mr. Jack EVANS, B.S.
artlab1689@yahoo.com

Dr. Skip FEINSTEIN, M.D.
elskipo@aol.com

Ms Peggy AYLETT, M.A.
paylett2@aol.com

DIRECTOR

Mr. John T. THAXTON, M.A.
john@Minderful.com

TUESDAYS

The American Presidency & Foreign Policy Post WW II

Jan. 3, 10, 17, 24, 31 10-11:30
Feb. 7, 14, 21, 28
March 7, 14, X, X
April X, X, 25
May 2, 9, 16, 23, 30

WEDNESDAYS

CINEMA WEEKLY 11-12:30

Jan. 4, 11, 18, 25
Feb. 1, 8, 15, 22
March 1, 8, 15, 22, 29
April 5, X, 19, 26
May 3, 10, 17, 24, 31

EXPERIENCES OF A DOCTOR ABROAD 12:00-1:00

Jan. 18 (one meeting)

Writing: Story Catchers

Contact instructor for times and location: paylett2@aol.com / (602) 663-5432

THURSDAYS

NEWS WEEKLY: 10:00-11:30

Jan. 5, 12, 19, 26
Feb. 2, 9, 16, 23
March 2, 9, 16, no classes 23, 30
April no classes 6, 13, 20
April 27 & May 4, 11, 18, 25

FROM FDR TO THE JEWISH

STATE: 10:00-11:30
March 23, 30 + April 6, 20

FOUNDING FATHERS II: 12-1:30

Jan. X, 12, 19, 26

FOUNDING FATHERS III: 12-1:30

Feb. 2, 9, 16, 23

THE AMERICAN PRESIDENCY & FOREIGN POLICY POST WW II 10-11:30 Tues.

5 Tuesdays: Jan 3, 10, 17, 24, 31	\$70 (no refunds for missed classes)	Dr. Mark STERN
4 Tuesdays: Feb. 7, 14, 21, 28	\$60 (no refunds for missed classes)	
2 Tuesdays March 7, 14, X, X	\$35 (no refunds for missed classes)	
6 Tuesdays April 25 plus May 2, 9, 16, 23, 30	\$85 (no refunds for missed classes)	

This course will examine the policies, practices and key decisions of American presidents from the end of World War II through the present. We will discuss such topics as the origins of the Cold War, the Containment Policy, the Domino Theory, Nixon's China policy, the Reagan Doctrine, Regime Change and differing theories on the use of military, political, economic and cultural power.

Dr. Mark STERN: Emeritus University Professor and Professor of Political Science at Shepherd University, where he was also Vice-President for Academic Affairs and Senior Vice-President. He was a professor at the University of Central Florida, where he taught political science, and founded the UCF Honors and Scholars Program. He has taught a wide range of courses, including *The U.S. Presidency, Parties and Politics in the U.S., Moral Choice: the Holocaust, Politics and Civil Rights in the United States*. He is the author of *Calculating Visions, Kennedy, Johnson and Civil Rights*, along with numerous academic papers in the field of political science focusing on civil rights and voting rights, among other related topics. His Ph.D. is from the University of Rochester.

CINEMA WEEKLY 11:00-12:30 Wednesdays Mr. Jack EVANS, B.S.

4 Wednesdays: Jan. 4, 11, 18, 25	\$60 (no refunds for missed classes)
4 Wednesdays: Feb. 1, 8, 15, 22	\$60 (no refunds for missed classes)
5 Wednesdays: March 1, 8, 15, 22, 29	\$70 (no refunds for missed classes)
3 Wednesdays: April 5, X, 19, 26	\$45 (no refunds for missed classes)
5 Wednesdays: May 3, 10, 17, 24, 31	\$70 (no refunds for missed classes)

The cinema instructor selects one film per week for viewing at a local theatre in Scottsdale for discussion in class. The film title is announced in class and also emailed to all students. At the start of each class the instructor provides background on the film, director and actors, then the discussion begins. This is always a very lively, participatory and fun-filled class.

Mr. Jack EVANS has been teaching film classes in the Valley for over 14 years, as well as classes in fiction and poetry. He is a published poet and has appeared in venues throughout the Southwest as a spoken-word and performance artist. Currently Jack is the Director of the Caffeine Corridor Spoken Word Series in downtown Phoenix. His artistic career has also included working as an independent television producer in Phoenix Public Access Television and being co-owner of a Phoenix art gallery. -

EXPERIENCES OF A DOCTOR ABROAD 12:00-1:00 Dr. Skip FEINSTEIN

1 Wednesday: Jan. 18 No Class Fee Reservations required due to limited seating

Dr. FEINSTEIN, a long-time lifelong learner at Minderful Center, has gone to Africa, the Middle East, South America and the Caribbean to provide pro-bono treatment and training in under-developed countries: Pakistan, Tanzania, Peru and Haiti. He is the 2012 recipient of the ACOS Humanitarian Award. This humanitarian work has also provided many surprising, fascinating and even dangerous experiences, which he will share with the group, aided by PowerPoint visuals. There is no charge for this event, but space is limited so you are urged to reserve a seat through the Director: john@minderful.com or (480) 619-9993.

Dr. Skip FEINSTEIN is a retired osteopathic surgeon, who did his medical studies in Philadelphia, North Miami Beach, and Cherry Hill, New Jersey. He has had practices in Dade County, Florida and in the Phoenix metro area (Mesa General Hospital & Tempe St. Luke's Hospital, where he was attending surgeon at the former Lutheran Health services hospitals, now Banner, as well as academic appointments at medical institutions around the country.

WRITING: STORY CATCHERS **Wednesdays** **Ms Peggy AYLETT**

4 Wednesdays: Jan. 4, 11, 18, 25 *Contact instructor for information on class fee, location,*

4 Wednesdays: Feb. 1, 8, 15, 22

Contact instructor for class fee, location and times: paylett2@aol.com (602) 663-5432 or (602) 957-4175

A Creative Writing Workshop: Everyone has a story to tell; stories from life, stories you've been told, stories you remember. Come share yours in an informal group and begin to write them down. Each session will introduce different exercises to help you get started with ideas and to shape them, as you capture them in writing.

Ms Peggy AYLETT is a teacher, artist and writer. She has worked with children and adults in a number of formal and informal settings in England and North America. She has a BA degree in psychology from Tufts University & MA in Language-the Arts and Education from University of Sussex. She is especially interested in helping people find their own form of expression and voice through writing and art. She lives in London and winters in Scottsdale. paylett2@aol.com

NEWS WEEKLY: 10-11:30 Thursdays **Prof. Mark STERN, Ph.D.**

4 Thursdays: Jan. 5, 12, 19, 26 \$60 (*no refunds for missed classes*)

4 Thursdays: Feb. 2, 9, 16, 23 \$60 (*no refunds for missed classes*)

3 Thursdays: March 2, 9, 16, X, X \$45 (*no refunds for missed classes*)

3 Thursdays: April X, X, X, *No Classes April 6, 13, 20*

5 Thursdays: April 27 + May 4, 11, 18, 25 \$70 (*no refunds for missed classes*)

This weekly news class is a discussion of each week's significant news, facilitated by political science professor Dr. Mark STERN, Ph.D. It is an active, participatory class, drawing upon the personal and professional experience of its students, as well as the professor's extensive professional background in teaching and in political science. Discussion topics are provided by participants at the beginning of the class, reflecting what participants consider the most important events and issues of the week. A divergence of viewpoints and interpretations is expected, but expressed in an atmosphere of respectful, reasoned discussion

Dr. Mark STERN: for Bio see [THE AMERICAN PRESIDENCY](#) see above.

FROM FDR TO THE JEWISH STATE **10:00-11:30 THURSDAYS** **Mr. Jay ROTH**

4 Thursdays: March 23, 30 + April 6, X, 20 \$60 (*no refunds for missed classes*)

This course follows the history of th creation of the Jewish State from FDR through Truman.

Mr. Jay ROTH previously taught history at the OSHER Lifelong Learning Program of Florida International University, Miami: *Lincoln and the Civil War, The American Revolution, The American Century, and FDR and Truman*. His teaching experience before Miami was as an adjunct professor at Mercy College, Bronx, NY. He has degrees in both political science and in social work. His other professional work includes Executive Director of the Miami Beach Jewish Community Center; President of the Jewish Community Center of Milwaukee; Executive Director of Samuel Field YM-YWHA at Little Neck, NY; Assistant Director of Mosholu Montefiore Community Center, Bronx, NY. Mr. ROTH has earned a Certificate in Developing Negotiation Skills from Harvard and professional development certificates from numerous other organizations, as well as active in various consulting positions. He was recipient of the Zaret Award as the Outstanding Jewish Community Professional, given by the Milwaukee Jewish Federation and National Chairman of the Association of Jewish Center Professionals.

FOUNDING FATHERS: 12:00 – 1:30 Thursdays Mr. Jay ROTH
Visionaries of the Future

NOTE: This course is presented in three sections. Section I has four meetings: 8, 15, 29 Dec. 2016 and 5 Jan. 2017. While useful to start Section I, each section can be taken independently with without attending the previous one.

3 Thursdays: Section II Jan. X, 12, 19, 26 \$45 (*no refunds for missed classes*)
4 Thursdays: Section III Feb. 2, 9, 16, 25 \$60 (*no refunds for missed classes*)

Beginning shortly after the French and Indian War a steady increase of tension began to develop between the colonies and Great Britain. For many it came down to the phrase “Taxation without representation is illegal and unacceptable.”

In fact, the issues were much more complex and represented a substantial change in the way man would come to think of government and his relationship to the government.

The French and Indian war has often been called the First World War. Great Britain and France fought over the Americas with Great Britain winning the 13 colonies as well as Canada. In reality, the war cost Britain significant dollars and taxation was their way of having the colonists pay for the war. This course will explore the key process of the change in relationship between the government and the governed. It will explore the core beliefs and anxieties of the founding fathers including Washington, Adams, Jefferson, Madison, Patrick Henry, John Jay, Franklin and Hamilton.

In many ways, one can allude to the American Revolution as a twostep process that began with the war of independence from Britain. We will explore the development of the constitution which replaced the inept Articles of Confederation in governing the United States and used the thoughts of enlightenment and the great philosophers and incorporating them into a new concept of governance for America and eventually for so many other nations.

Mr. Jay ROTH: See Bio for FROM FDR TO THE JEWISH STATE above..